# What Is Energy?

### Science Words

#### Say each word quietly to yourself. Then read the meaning.

#### Read the tip to help you remember.

energy [EN•er•jee] the ability to cause changes in matter

If you had a lump of clay, what would you make with it? Whatever you make, will show that you have *energy*, because you will cause a change in the clay.

**kinetic** energy [kih•NET•ik EN•er•jee] the energy an object has because of its motion

*Kinetic* and *kick* begin with the same sounds. When you kick something you use *kinetic* energy because your leg is in motion.

**potential** energy [poh•TEN•shuhl EN•er•jee] the energy an object has because of its position or condition

*Potential* and *possible* begin with the same sounds. Something that is *potential* is possible. *Potential energy* is possible energy, energy ready to be used at some future time.

**mechanical** energy [muh•KAN•ih•kuhl EN•er•jee] the total energy of motion and position of an object

*Mechanical* and *math* begin with the same sound. Here is the math of *mechanical energy*: If you add potential energy and kinetic energy, you get *mechanical energy*. potential energy + kinetic energy = *mechanical energy* 

electrical energy [uh•LEK•trik•uhl EN•er•jee] energy caused by the movement of electric charges

Electrical and electricity sound almost alike. Electrical energy is electricity.

**chemical** energy [KEM•ih•kuhl EN•er•jee] energy that is stored in matter and that can be released by a chemical reaction

Burning a wood log is a chemical change because the wood changes to smoke and ash, a new type of matter. If you stand near a fire, you know that burning also gives off heat. The heat is *chemical energy* because it is given off during a chemical reaction.



The boy, the ball, and the dogs have kinetic energy.



The stretched rubber band of the slingshot has potential energy.

## What Is Energy?

#### **Science Concepts**

#### Read the Ideas more than once. Do your best to remember them.

- 1. Energy is never used up; it just changes from one form to another.
- 2. Potential energy is the energy an object has because of its position or condition.
- 3. The energy in a stretched rubber band is stored as potential energy.
- 4. When the rubber band is released, potential energy changes to kinetic energy.
- 5. Sound energy is a type of kinetic energy because particles of air are vibrating, or moving.
- 6. Thermal energy (heat) is the kinetic energy of the particles that make up matter.
- 7. You see objects when light energy reflects off them and enters your eyes.
- 8. Electrical energy changes to other forms of energy we use, such as sound and heat energy.
- 9. Mechanical energy is the sum of kinetic energy plus potential energy.
- 10. Chemical energy is released by a chemical reaction, such as your body breaking down food.